
RECORDS CLUB RECORDS
SC Meters-Girls

8-8	25 Free	17.88	10-Nov-12	NISX	Louise Beattie at Buckie ASC Mini Meet 2012	
	50 Free	30.32	16-Jan-05	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet 2005	
	100 Free	1:05.02	31-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet	
	200 Free	2:21.77	19-Nov-05	NISX	Kirsty Elizabeth Ewen Aberdeen Mitchell Trophy	
	400 Free	4:41.42	1-Oct-05	NISX	Kirsty Elizabeth Ewen SASA North District Open	
	800 Free	9:53.19	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet	
	1500 Free	18:42.71	2-Oct-05	NISX	Kirsty Elizabeth Ewen SASA North District Open	
	25 Back	19.35	10-Nov-12	NISX	Louise Beattie at Buckie ASC Mini Meet 2012	
	50 Back	34.84	14-May-05	NISX	Kirsty Elizabeth Ewen Westhill 11th Invitational Mt	
	100 Back	1:14.18	19-Nov-05	NISX	Kirsty Elizabeth Ewen Aberdeen Mitchell Trophy	
	200 Back	2:38.35	8-Jan-05	NISX	Kirsty Elizabeth Ewen SAS Junior Meet 2005	
	25 Breast	23.32	10-Nov-12	NISX	Louise Beattie at Buckie ASC Mini Meet 2012	
	50 Breast	40.06	30-Sep-05	NISX	Kirsty Elizabeth Ewen SASA North District Sprints	
	200 Breast	3:07.30	8-Jan-05	NISX	Kirsty Elizabeth Ewen SAS Junior Meet 2005	
	25 Fly	19.75	10-Nov-12	NISX	Louise Beattie at Buckie ASC Mini Meet 2012	
	50 Fly	32.82	3-Sep-05	NISX	Kirsty Elizabeth Ewen SASA North District Sprints	
	100 Fly	1:13.08	2-Oct-05	NISX	Kirsty Elizabeth Ewen SASA North District Open	
	200 Fly	2:38.35	1-Oct-05	NISX	Kirsty Elizabeth Ewen SASA North District Open	
	100 IM	1:14.91	3-Sep-05	NISX	Kirsty Elizabeth Ewen SASA North District Sprints	
	200 IM	2:42.25	19-Nov-05	NISX	Kirsty Elizabeth Ewen Aberdeen Mitchell Trophy	
	400 IM	5:33.00	15-Jan-05	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet 2005	
	9-9	25 Free	16.48	11-May-13	NISX	Louise Beattie at Thurso Mini Meet 2013
		50 Free	34.39	24-Nov-07	NISX	Saskia DUNCAN at BASC Mini Meet
		100 Free	1:05.02	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet
		200 Free	2:21.80	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet
		400 Free	6:26.93	27-Oct-07	NISX	Holly Williams Harrogate Junior Open
		800 Free	9:53.19	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet
		25 Back	20.34	11-May-13	NISX	Louise Beattie at Thurso Mini Meet 2013
		50 Back	39.54	24-Nov-07	NISX	Saskia DUNCAN at BASC Mini Meet
		100 Back	1:34.98	27-Jan-13	NISX	Louise Beattie at HST New Year Meet
		25 Breast	21.71	11-May-13	NISX	Louise Beattie at Thurso Mini Meet 2013
		50 Breast	46.31	16-Jun-07	NISX	Saskia DUNCAN at Alloa ASC Open
100 Breast		1:48.40	22-Sep-07	NISX	Holly Williams Rotherham Metro SC Meet	
200 Breast		3:48.95 *	25-Oct-14	NISX	Kaitlin Coia-Gamble at Alloa Graded Meet 2014	
200 Breast		3:48.95 *	26-Oct-14	NISX	Kaitlin Coia-Gamble Alloa Graded Meet 2014	
25 Fly		18.33	11-May-13	NISX	Louise Beattie at Thurso Mini Meet 2013	
50 Fly		39.59	24-Nov-07	NISX	Saskia DUNCAN at BASC Mini Meet	
100 Fly		1:14.32	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet	
200 Fly		2:45.09	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet	
100 IM		1:30.45	10-Mar-07	NISX	Saskia DUNCAN at Forres Two Day Meet	
200 IM		3:09.89	20-Jun-07	NISX	Saskia DUNCAN at ISC TIMING EVENT JUNE 2007	
400 IM		5:41.54	13-Jan-06	NISX	Kirsty Elizabeth Ewen Scottish National SC Meet	
10-10		50 Free	30.99	6-Oct-07	NISX	Kirsty Elizabeth Ewen North District Sprints
		100 Free	1:06.98	10-May-08	NISX	Kirsty Elizabeth Ewen Westhill Invitational Meet
		200 Free	2:22.74	10-May-08	NISX	Kirsty Elizabeth Ewen Westhill Invitational Meet
	400 Free	5:05.02	21-Jun-08	NISX	Kirsty Elizabeth Ewen North District Dev Meet	
	800 Free	11:46.61	14-May-08	NISX	Saskia DUNCAN at Maureens Timing Night	
	1500 Free	19:43.82	31-May-08	NISX	Kirsty Elizabeth Ewen North District Open Champs	
	50 Back	37.94	6-Sep-08	NISX	Saskia DUNCAN at Dunedin Challenge Meet	
	100 Back	1:18.94	6-Sep-08	NISX	Saskia DUNCAN at Dunedin Challenge Meet	
	200 Back	2:50.66	21-Jun-08	NISX	Saskia DUNCAN at Alloa ASC Open	
	50 Breast	41.39	6-Sep-08	NISX	Saskia DUNCAN at Dunedin Challenge Meet	

RECORDS CLUB RECORDS

10-10	100 Breast	1:33.47	12-Feb-00	NISX	Rachel Andrew	SASA North District Age Groups	
	200 Breast	3:20.47	5-Apr-03	NISX	Janis Macdonald	SASA North District Age Groups	
	50 Fly	33.81	6-Oct-07	NISX	Kirsty Elizabeth Ewen	North District Sprints	
	100 Fly	1:14.69	10-May-08	NISX	Kirsty Elizabeth Ewen	Westhill Invitational Meet	
	200 Fly	2:43.34	31-May-08	NISX	Kirsty Elizabeth Ewen	North District Open Champs	
	100 IM	1:17.14	6-Oct-07	NISX	Kirsty Elizabeth Ewen	North District Sprints	
	200 IM	2:55.77	21-Jun-08	NISX	Saskia DUNCAN at Alloa ASC Open		
	400 IM	6:35.79	19-Apr-15	NISX	Katie Hay	Buckie Age Groups 2015	
11-11	50 Free	30.82	3-Oct-09	NISX	Saskia DUNCAN at North District Sprint Championships		
	100 Free	1:04.35	7-Nov-09	NISX	Saskia DUNCAN at Aberdeen Dolphin Mitchell Trophy		
	200 Free	2:19.44	7-Nov-09	NISX	Saskia DUNCAN at Aberdeen Dolphin Mitchell Trophy		
	400 Free	5:05.02	21-Jun-08	NISX	Kirsty Elizabeth Ewen	North District Dev Meet	
	800 Free	10:36.85	8-Feb-04	NISX	Janis Macdonald	SASA North District	
	1500 Free	19:43.82	31-May-08	NISX	Kirsty Elizabeth Ewen	North District Open Champs	
	50 Back	35.26	7-Nov-15	NISX	Louise Beattie at Buckie ASC Mini Meet 2015		
	100 Back	1:14.48	10-Feb-01	NISX	Rachel Andrew	SASA North District Age Groups	
	200 Back	2:39.76 *	7-Nov-09	NISX	Saskia DUNCAN at Aberdeen Dolphin Mitchell Trophy		
	200 Back	2:39.76 *	7-Nov-09	NISX	Saskia Duncan	Aberdeen Mitchell Trophy	
	50 Breast	39.46	1-Feb-09	NISX	Saskia DUNCAN at HST NEW YEAR MEET FEB. '09		
	100 Breast	1:24.12	24-Sep-08	NISX	Rosie Duncan	Club Champs 2008	
	200 Breast	3:06.28	1-Mar-08	NISX	Rosie DUNCAN at ND Age Group Championships		
	50 Fly	34.07	12-Jun-10	NISX	Jody Anderson at Elgin Mini Meet 2010		
	100 Fly	1:14.22	22-May-09	NISX	Kirsty Elizabeth Ewen	SASA North District Champ	
	200 Fly	2:40.86	7-Mar-09	NISX	Kirsty Elizabeth Ewen	SASA North District Champ	
	100 IM	1:14.95	7-Nov-09	NISX	Saskia DUNCAN at Aberdeen Dolphin Mitchell Trophy		
	200 IM	2:41.16	30-Nov-13	NISX	Lucy Williamson at ND Age Group Meet 2013		
	400 IM	5:46.16	30-Nov-13	NISX	Lucy Williamson at ND Age Group Meet 2013		
	12-12	50 Free	28.79	26-Nov-16	NISX	Katie Hay at ND Age Group Meet 2016	
100 Free		1:01.38	26-Sep-01	NISX	Rachel Hanna	Club Champs 2001	
200 Free		2:16.43	15-Dec-01	NISX	Rachel Hanna	BP Scottish Winter Open Meet	
400 Free		4:49.55	26-Nov-16	NISX	Katie Hay at ND Age Group Meet 2016		
800 Free		10:02.46	21-Jan-17	NISX	Katie Hay	HST Timing Session	
1500 Free		19:22.73	22-Jan-17	NISX	Katie Hay	HST Timing Session	
50 Back		32.68	8-Sep-01	NISX	Rachel Hanna	SASA North District Sprint	
100 Back		1:10.59	27-Jun-01	NISX	Rachel Hanna	Club Champs 2001	
200 Back		2:31.34	15-Dec-01	NISX	Rachel Andrew	BP Scottish Winter Open Meet	
50 Breast		37.96	29-Oct-17	NISX	Kaitlin Coia-Gamble at Aberdeen ASC Nifty 50s + 2017		
100 Breast		1:21.72	25-Nov-17	NISX	Kaitlin Coia-Gamble at ND Age Group Meet 2017		
200 Breast		2:53.58	4-Nov-17	NISX	Kaitlin Coia-Gamble	ND Open Champs 2017	
50 Fly		31.70	26-Nov-16	NISX	Katie Hay at ND Age Group Meet 2016		
100 Fly		1:09.13	29-Nov-00	NISX	Sarah-Jane Law	Club Champs 2000	
200 Fly		2:36.22	26-Nov-16	NISX	Katie Hay at ND Age Group Meet 2016		
100 IM		1:14.17	29-Oct-17	NISX	Kaitlin Coia-Gamble at Aberdeen ASC Nifty 50s + 2017		
200 IM		2:37.06	16-Dec-01	NISX	Rachel Andrew	BP Scottish Winter Open Meet	
400 IM		5:28.86	7-Oct-17	NISX	Kaitlin Coia-Gamble at ND Distance Meet		
13-13		50 Free	28.28	29-Oct-17	NISX	Louise Beattie at Aberdeen ASC Nifty 50s + 2017	
		100 Free	1:01.19	25-Sep-02	NISX	Rachel Hanna	Club Champs 2002
	200 Free	2:13.30	5-Oct-02	NISX	Rachel Hanna	SASA North District Open Champ	
	400 Free	4:46.47	4-Nov-17	NISX	Katie Hay at North District Open Championships 2017		
	800 Free	9:42.73	13-Dec-13	NISX	Katie Louise Mackenzie at Scottish National S.C.Open Championships		
	1500 Free	18:51.38	7-Oct-17	NISX	Katie Hay at ND Distance Meet		
	50 Back	31.74	7-Sep-02	NISX	Rachel Hanna	SASA North District Sprint	
	100 Back	1:07.26	13-Dec-02	NISX	Rachel Hanna	SASA Christmas Open SC Meet	

RECORDS CLUB RECORDS

13-13	200 Back	2:27.74	25-Nov-17	NISX	Louise Beattie at ND Age Group Meet 2017	
	50 Breast	35.92	26-Jan-14	NISX	Katie Louise Mackenzie at HST New Year Meet	
	100 Breast	1:18.15	13-Dec-13	NISX	Katie Louise Mackenzie at Scottish National S.C.Open Championships	
	200 Breast	2:46.79	13-Dec-13	NISX	Katie Louise Mackenzie at Scottish National S.C.Open Championships	
	50 Fly	31.06	25-Nov-17	NISX	Louise Beattie at ND Age Group Meet 2017	
	100 Fly	1:08.76	22-Mar-14	NISX	Katie Louise Mackenzie at North District Age Group Championships	
	200 Fly	2:31.79	30-Nov-13	NISX	Katie Louise Mackenzie at ND Age Group Meet 2013	
	100 IM	1:11.61	26-Jan-14	NISX	Katie Louise Mackenzie at HST New Year Meet	
	200 IM	2:28.99	30-Nov-13	NISX	Katie Louise Mackenzie at ND Age Group Meet 2013	
	400 IM	5:12.98	30-Nov-13	NISX	Katie Louise Mackenzie at ND Age Group Meet 2013	
14-14	50 Free	28.66	16-Dec-17	UHIX	Louise Beattie at HST Timing Session	
	100 Free	1:00.46	6-Apr-03	NISX	Rachel Hanna SASA North District Age Groups	
	200 Free	2:12.07	2-Feb-13	NISX	Jody Anderson at Aberdeen Dolphin Mitchell Trophy 2013	
	400 Free	4:43.20	9-Dec-06	NISX	Janis Macdonald at North District Age Group Meet 2006	
	800 Free	9:55.33	9-Dec-06	NISX	Janis Macdonald at North District Age Group Meet 2006	
	1500 Free	19:07.41	3-Oct-15	NISX	Hannah Kerr at ND Distance Meet	
	50 Back	31.41	* 28-Jun-03	NISX	Rachel Hanna SASA North District Sprint Mt	
	50 Back	31.41	* 8-Dec-17	UHIX	Louise Beattie at Scottish National Short Course Open Champions	
	100 Back	1:06.57	12-Dec-03	NISX	Rachel Hanna Scottish Christmas Open Meet	
	200 Back	2:22.34	* 29-Nov-14	NISX	Katie Louise Mackenzie at ND Age Group Meet 2014	
	200 Back	2:22.34	* 29-Nov-14	NISX	Katie Louise Mackenzie at ND Age Group Meet 2014	
	50 Breast	34.77	5-May-12	NISX	Kara Hanlon at Westhill Invitational 2012	
	100 Breast	1:14.84	5-May-12	NISX	Kara Hanlon at Westhill Invitational 2012	
	200 Breast	2:41.22	14-Nov-14	NISX	Katie Louise Mackenzie at COAST Grand Prix	
	50 Fly	30.48	4-May-13	NISX	Jody Anderson at Westhill Invitational 2013	
	100 Fly	1:07.80	12-Dec-14	NISX	Katie Louise Mackenzie at Scottish National Short Course Championships	
	200 Fly	2:25.21	14-Nov-14	NISX	Katie Louise Mackenzie at COAST Grand Prix	
	100 IM	1:09.50	* 1-Feb-15	NISX	Katie Louise Mackenzie at HST New Year Meet	
	100 IM	1:09.50	* 1-Feb-15	NISX	Katie Louise Mackenzie at HST New Year Meet	
	200 IM	2:23.52	14-Nov-14	NISX	Katie Louise Mackenzie at COAST Grand Prix	
400 IM	5:01.49	12-Dec-14	NISX	Katie Louise Mackenzie at Scottish National Short Course Championships		
15-15	50 Free	28.44	26-Jun-04	NISX	Rachel Hanna SASA North District Sprints	
	100 Free	1:00.90	4-Apr-04	NISX	Rachel Hanna SASA North District AG 2004	
	200 Free	2:11.16	20-Jun-15	NISX	Katie Louise Mackenzie at ND Development Meet 2015	
	400 Free	4:33.96	20-Jun-15	NISX	Katie Louise Mackenzie at ND Development Meet 2015	
	800 Free	9:47.74	2-Jun-07	NISX	Janis Macdonald North District Open Champ	
	1500 Free	19:28.78	22-Jan-17	NISX	Hannah Kerr HST Timing Session	
	50 Back	30.98	7-Mar-04	NISX	Rachel Hanna Scottish National SC Champs	
	100 Back	1:06.16	3-Apr-04	NISX	Rachel Hanna SASA North District AG 2004	
	200 Back	2:23.61	23-Jun-18	NISX	Louise Beattie at ND Development Meet 2018	
	50 Breast	33.51	4-May-13	NISX	Kara Hanlon at Westhill Invitational 2013	
	100 Breast	1:12.35	2-Mar-13	NISX	Kara Hanlon at N D Age Group Championships	
	200 Breast	2:39.08	2-Mar-13	NISX	Kara Hanlon at N D Age Group Championships	
	50 Fly	30.48	4-May-13	NISX	Jody Anderson at Scottish NatiWesthill Invitational Meet 2013	
	100 Fly	1:08.27	2-Feb-13	NISX	Jody Anderson Aberdeen Mitchell Trophy 2013	
	200 Fly	2:22.77	20-Jun-15	NISX	Katie Louise Mackenzie at ND Development Meet 2015	
	100 IM	1:10.85	27-Jan-13	NISX	Kara Hanlon at HST New Year Meet	
	200 IM	2:31.88	15-Nov-13	NISX	Jody Anderson at ND Open Championships & Scottish Grand Prix	
	400 IM	5:21.12	22-Jan-17	NISX	Lucy Williamson HST Timing Session	
	16-16	50 Free	28.53	17-Jan-09	NISX	Sarah Homer Scottish Nationals SC
		100 Free	59.02	28-Sep-05	NISX	Rachel HANNA at ISC Club Gala 2005
200 Free		2:08.61	9-Apr-05	NISX	Rachel HANNA at N.D. Age Group Championships April 2005	
400 Free		4:43.15	21-Feb-09	NISX	Janis Macdonald at Elgin Meet	

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16-16	800 Free	9:40.43	1-Oct-16	NISX	Rachael Woolley	at ND Distance Meet
	50 Back	30.37	15-Jan-05	NISX	Rachel Hanna	Scottish National SC Meet 2005
	100 Back	1:04.25	9-Apr-05	NISX	Rachel HANNA	at N.D. Age Group Championships April 2005
	200 Back	2:20.32 *	9-Apr-05	NISX	Rachel Hanna	SASA North District Age Groups
	200 Back	2:20.32 *	9-Apr-05	NISX	Rachel HANNA	at N.D. Age Group Championships April 2005
	50 Breast	32.37	13-Dec-13	NISX	Kara Hanlon	at Scottish National S.C.Open Championships
	100 Breast	1:10.53	13-Dec-13	NISX	Kara Hanlon	at Scottish National S.C.Open Championships
	200 Breast	2:33.76	15-Nov-13	NISX	Kara Hanlon	at ND Open Championships & Scottish Grand Prix
	50 Fly	30.62	16-Jan-05	NISX	Rachel Hanna	Scottish National SC Meet 2005
	100 Fly	1:07.26	13-Nov-13	NISX	Jody Anderson	at Scottish Schools Highland Heats
	200 Fly	2:33.79	13-Nov-13	NISX	Jody Anderson	at Scottish Schools Highland Heats
	100 IM	1:06.76	13-Dec-13	NISX	Kara Hanlon	at Scottish National S.C.Open Championships
	200 IM	2:29.25	28-Sep-05	NISX	Rachel HANNA	at ISC Club Gala 2005
	400 IM	5:21.12	21-Jan-17	NISX	Lucy Williamson	at HST Timing Session
17-17	50 Free	27.51	7-Oct-06	NISX	Rachel HANNA	at ND Sprint Champs & DTT
	100 Free	59.19	4-Mar-06	NISX	Rachel HANNA	at ND National Age Group Championships
	200 Free	2:07.64	4-Mar-06	NISX	Rachel HANNA	at ND National Age Group Championships
	400 Free	4:45.46	7-Mar-09	NISX	Janis Macdonald	SASA North District Champ
	800 Free	9:46.34	7-Mar-09	NISX	Janis Macdonald	SASA North District Champ
	50 Back	29.72	7-Oct-06	NISX	Rachel HANNA	at ND Sprint Champs & DTT
	100 Back	1:04.77	27-Sep-06	NISX	Rachel HANNA	at Inverness Club Gala 2006
	200 Back	2:20.25 *	4-Mar-06	NISX	Rachel HANNA	at ND National Age Group Championships
	200 Back	2:20.25 *	4-Mar-06	NISX	Rachel Hanna	SASA North District
	50 Breast	31.61	12-Dec-14	NISX	Kara Hanlon	at Scottish National Short Course Championships
	100 Breast	1:08.03	14-Nov-14	NISX	Kara Hanlon	at COAST Grand Prix
	200 Breast	2:30.20	12-Dec-14	NISX	Kara Hanlon	at Scottish National Short Course Championships
	50 Fly	30.97	13-Jan-06	NISX	Rachel Hanna	Scottish National SC Meet
	100 Fly	1:06.66	27-Sep-06	NISX	Rachel HANNA	at Inverness Club Gala 2006
	200 Fly	2:23.66	4-Mar-06	NISX	Rachel Hanna	SASA ND Champs
	100 IM	1:05.50	12-Dec-14	NISX	Kara Hanlon	at Scottish National Short Course Championships
	200 IM	2:23.46	14-Nov-14	NISX	Kara Hanlon	at COAST Grand Prix
	400 IM	5:19.02	7-Nov-09	NISX	Janis Madonald	at Aberdeen Dolphin Mitchell Trophy
18-18	50 Free	27.54	12-Jan-07	NISX	Rachel Hanna	Scottish Nationals 2007
	100 Free	58.89	3-Mar-07	NISX	Rachel HANNA	at ND Age Group Championships
	200 Free	2:08.57	3-Mar-07	NISX	Rachel HANNA	at ND Age Group Championships
	400 Free	4:48.72	4-Feb-07	NISX	Sarah-Jane LAW	at HST New Year Meet 2007
	50 Back	29.99	12-Jan-07	NISX	Rachel Hanna	Scottish Nationals 2007
	100 Back	1:03.61	12-Jan-07	NISX	Rachel HANNA	Scottish Nationals 2007
	200 Back	2:22.06 *	3-Mar-07	NISX	Rachel Hanna	North District Champs
	200 Back	2:22.06 *	3-Mar-07	NISX	Rachel HANNA	at ND Age Group Championships
	200 Breast	2:32.37	11-Dec-15	NISX	Kara Hanlon	at Scottish National Short Course Championships
	50 Fly	29.71	12-Jan-07	NISX	Rachel Hanna	Scottish Nationals 2007
	100 Fly	1:09.74	3-Mar-07	NISX	Sarah-Jane LAW	at ND Age Group Championships
	100 IM	1:05.54	11-Dec-15	NISX	Kara Hanlon	at Scottish National Short Course Championships
	200 IM	2:39.90	30-Jan-11	NISX	Kathryn Offer	at HST New Year Meet
	50 Free	27.12	15-Jul-13	NISX	Kathryn Offer	at Natwest Island Games
	100 Free	58.89	3-Mar-07	NISX	Rachel HANNA	at ND Age Group Championships
	200 Free	2:07.64	4-Mar-06	NISX	Rachel HANNA	at ND National Age Group Championships
	400 Free	4:33.96	20-Jun-15	NISX	Katie Louise Mackenzie	at ND Development Meet 2015
	800 Free	9:40.43	1-Oct-16	NISX	Rachael Woolley	at ND Distance Meet
	1500 Free	18:28.50	10-Apr-05	NISX	Kirsty Elizabeth Ewen	SASA North District Age Groups
	50 Back	29.72	7-Oct-06	NISX	Rachel HANNA	at ND Sprint Champs & DTT
	100 Back	1:03.91 *	3-Mar-07	NISX	Rachel HANNA	at ND Age Group Championships

RECORDS CLUB RECORDS

100 Back	1:03.91	*	3-Mar-07	NISX	Rachel HANNA at ND Age Group Championships
200 Back	2:20.25		4-Mar-06	NISX	Rachel Hanna SASA North District
50 Breast	31.29		8-Dec-17	NISX	Kara Hanlon at Scottish National Short Course Open Champions
100 Breast	1:08.03		14-Nov-14	NISX	Kara Hanlon at COAST Grand Prix
200 Breast	2:29.70		5-Nov-16	NISX	Kara Hanlon at North District Open Championships 2016
50 Fly	29.71		12-Jan-07	NISX	Rachel Hanna Scottish Nationals 2007
100 Fly	1:06.66		27-Sep-06	NISX	Rachel HANNA at Inverness Club Gala 2006
200 Fly	2:22.77		20-Jun-15	NISX	Katie Louise Mackenzie at ND Development Meet 2015
100 IM	1:04.26		8-Dec-17	NISX	Kara Hanlon at Scottish National Short Course Open Champions
200 IM	2:20.67		8-Dec-17	NISX	Kara Hanlon at Scottish National Short Course Open Champions
400 IM	5:01.49		12-Dec-14	NISX	Katie Louise Mackenzie at Scottish National Short Course Championship

RECORDS CLUB RECORDS
SC Meters-Boys

8-8	25 Free	19.86	*	8-Oct-16	NISX	Sutherland MacLeod at Forres Mini-Meet 2016
	25 Free	19.86	*	8-Oct-16	NISX	Sutherland Macleod at Forres Mini-Meet 2016
	50 Free	39.13		29-Mar-06	NISX	Ruaridh Fraser at Club Sprint Night - March 2006
	25 Back	24.11	*	24-Nov-07	NISX	Felix WAUDBY-WEST at BASC Mini Meet
	25 Back	24.11	*	24-Nov-07	NISX	Felix WAUDBY-WEST at BASC Mini Meet
	50 Back	50.13		29-Mar-06	NISX	Ruairidh FRASER at Club Sprint Night-29th March 2006
	25 Breast	27.10		7-Nov-15	NISX	Jamie Martin at Buckie ASC Mini Meet 2015
	50 Breast	57.13		29-Mar-06	NISX	Ruairidh FRASER at Club Sprint Night-29th March 2006
	25 Fly	24.95		24-Nov-07	NISX	Felix WAUDBY-WEST at BASC Mini Meet
	50 Fly	55.39		27-Oct-04	NISX	Robbie More Club Champs 2004
9-9	25 Free	19.93	*	6-May-17	NISX	Sutherland Macleod at Thurso Mini Meet
	25 Free	19.93	*	6-May-17	NISX	Sutherland MacLeod at Thurso Mini Meet
	50 Free	37.01		14-Nov-09	NISX	Luke Williams at Buckie ASC Mini Meet
	100 Free	1:24.72		11-Nov-09	NISX	Luke Williams at Special Events 2009
	25 Back	24.15	*	6-May-17	NISX	Sutherland Macleod at Thurso Mini Meet
	25 Back	24.15	*	6-May-17	NISX	Sutherland MacLeod at Thurso Mini Meet
	50 Back	40.94		14-Nov-09	NISX	Luke Williams at Buckie ASC Mini Meet
	100 Back	1:31.09		28-Jun-09	NISX	Luke Williams at HST June 09 Meet
	200 Back	4:07.92		26-Jan-14	NISX	Samuel Bryan HST New Year Meet
	25 Breast	25.34	*	11-May-13	NISX	Angus Franklin at Thurso Mini Meet 2013
	25 Breast	25.34	*	11-May-13	NISX	Angus Franklin at Thurso Mini Meet 2013
	50 Breast	44.61		25-Sep-96	NISX	Jamie MacKenzie Club Champs 1996
	100 Breast	1:57.63		26-Jan-14	NISX	Andrew Lewthwaite at HST New Year Meet
	200 Breast	3:52.77		27-Sep-06	NISX	Ruairidh FRASER at Inverness Club Gala 2006
	25 Fly	20.78	*	16-Jun-07	NISX	David MORRISON at Elgin Mini Meet
	25 Fly	20.78	*	16-Jun-07	NISX	David MORRISON at Elgin Mini Meet
	50 Fly	40.13		29-Aug-09	NISX	Luke Williams at Deveron Mini Meet - ND/L2/661/AUG09
	100 IM	1:36.48		28-Jun-09	NISX	Luke Williams at HST June 09 Meet
	10-10	50 Free	32.30		7-Sep-02	NISX
100 Free		1:20.13		8-Jan-06	NISX	Jordan Coia at New Year Resolution Meet
200 Free		2:45.96		19-Jun-10	NISX	Luke Williams at Alloa ASC Open
50 Back		39.26		19-Jun-10	NISX	Luke Williams at Alloa ASC Open
100 Back		1:26.85		18-Mar-06	NISX	Jordan Coia at Alloa Graded Meet
200 Back		3:01.12		19-Jun-10	NISX	Luke Williams at Alloa ASC Open
50 Breast		43.29		29-Apr-06	NISX	Jordan Coia at Buckie Age Group Championships
100 Breast		1:35.53		4-Mar-06	NISX	Jordan Coia at ND National Age Group Championships
200 Breast		3:27.57		10-Dec-05	NISX	Jordan Coia at N D Age Group Meet 2005
50 Fly		40.42		7-Sep-02	NISX	Rory More SASA North District Sprint
100 Fly		1:37.45		9-Dec-06	NISX	Robbie MORE at North District Age Group Meet 2006
100 IM		1:29.89		31-Jan-10	NISX	Luke Williams at HST New Year Meet
200 IM		3:02.37		18-Mar-06	NISX	Jordan Coia at Alloa Graded Meet
11-11		50 Free	30.79		4-May-03	NISX
	100 Free	1:02.52		30-Jan-11	NISX	Scott Lyon at HST New Year Meet
	200 Free	2:25.64		6-Apr-03	NISX	Rory More SASA North District Age Groups
	400 Free	5:11.01		6-Apr-03	NISX	Rory More SASA North District Age Groups
	800 Free	11:46.56		28-Jun-09	NISX	Jamie URQUHART at HST June 09 Meet
	1500 Free	23:30.32		14-May-08	NISX	Callum NORTJE at Maureens Timing Night
	50 Back	35.47		28-Jun-03	NISX	Rory More SASA North District Sprint Mt
	100 Back	1:13.86		24-Sep-03	NISX	Rory More Club Champs 2003
	200 Back	2:46.43		5-Apr-03	NISX	Rory More SASA North District Age Groups
	50 Breast	41.40		28-Jun-03	NISX	Rory More SASA North District Sprint Mt

RECORDS CLUB RECORDS

11-11	100 Breast	1:25.69	27-Sep-95	NISX	Tony Garner	Club Champs 1995	
	200 Breast	3:10.70	3-Mar-07	NISX	Jordan Coia	at ND Age Group Championships	
	50 Fly	36.29	2-Oct-11	NISX	Luke Williams	at Forres Bluefins Mini Meet	
	100 Fly	1:16.23	26-Sep-12	NISX	Luke Williams	Club Champs	
	200 Fly	3:27.71 *	8-Dec-07	NISX	Robbie More	North District Age Group	
	200 Fly	3:27.71 *	8-Dec-07	NISX	Robbie MORE	at North District Age Group Meet 2007	
	100 IM	1:19.69	10-Mar-07	NISX	Jordan Coia	at Forres Two Day Meet	
	200 IM	2:47.18	5-Apr-03	NISX	Rory More	SASA North District Age Groups	
	400 IM	6:25.32	8-Dec-07	NISX	Robbie MORE	at North District Age Group Meet 2007	
12-12	50 Free	28.08	26-Jun-04	NISX	Rory More	SASA North District Sprints	
	100 Free	1:02.31	3-Mar-04	NISX	Rory More	SASA North District AG 2004	
	200 Free	2:14.90	4-Apr-04	NISX	Rory More	SASA North District AG 2004	
	400 Free	4:47.30	3-Apr-04	NISX	Rory More	SASA North District AG 2004	
	800 Free	10:05.67	4-Apr-04	NISX	Rory More	SASA North District AG 2004	
	1500 Free	20:16.01	14-May-08	NISX	Robbie MORE	at Maureens Timing Night	
	50 Back	33.84	26-Jun-04	NISX	Rory More	SASA North District Sprints	
	100 Back	1:11.63	10-May-08	NISX	Jordan Coia	Westhill Invitational Meet	
	200 Back	2:32.53	3-Apr-04	NISX	Rory More	SASA North District AG 2004	
	50 Breast	36.94	10-May-08	NISX	Jordan Coia	Westhill Invitational Meet	
	100 Breast	1:18.91	10-May-08	NISX	Jordan Coia	Westhill Invitational Meet	
	200 Breast	2:48.64	10-May-08	NISX	Jordan Coia	Westhill Invitational Meet	
	50 Fly	32.90	26-Jun-04	NISX	Rory More	SASA North District Sprints	
	100 Fly	1:14.97	4-Apr-04	NISX	Rory More	SASA North District AG 2004	
	200 Fly	2:49.68	30-Aug-14	NISX	Andrew Gatton	Dunedin Challenge Meet	
	100 IM	1:14.23	8-Jun-08	NISX	Jordan Coia	Dundee Stars of the Future	
	200 IM	2:35.62	3-Apr-04	NISX	Rory More	SASA North District AG 2004	
	400 IM	5:31.85	4-Apr-04	NISX	Rory More	SASA North District AG 2004	
	13-13	50 Free	26.79	3-Sep-05	NISX	Rory More	SASA North District Sprints
		100 Free	59.54	14-May-05	NISX	Rory MORE	Westhill 11th Invitational Mt
		200 Free	2:08.97	14-May-05	NISX	Rory More	Westhill 11th Invitational Mt
		400 Free	4:34.18	14-May-05	NISX	Rory More	Westhill 11th Invitational Mt
800 Free		9:38.79	5-Feb-05	NISX	Rory More	SASA North District Age Groups	
1500 Free		18:17.00	31-May-09	NISX	Jordan Coia	North District Open 2009	
50 Back		31.45	3-Sep-05	NISX	Rory More	SASA North District Sprints	
100 Back		1:06.04	30-May-09	NISX	Jordan Coia	North District Open 2009	
200 Back		2:21.73	9-May-09	NISX	Jordan Coia	Westhill 15th Invitational	
50 Breast		34.30	3-Sep-05	NISX	Rory More	SASA North District Sprints	
100 Breast		1:14.00	31-May-09	NISX	Jordan Coia	North District Open 2009	
200 Breast		2:40.19	30-May-09	NISX	Jordan Coia	North District Open 2009	
50 Fly		29.82	3-Sep-05	NISX	Rory More	SASA North District Sprints	
100 Fly		1:08.78	29-Aug-15	NISX	Finlay Sutherland	at Dunedin Challenge Meet	
200 Fly		2:34.22	29-Aug-15	NISX	Finlay Sutherland	at Dunedin Challenge Meet	
100 IM		1:06.66	3-Sep-05	NISX	Rory More	SASA North District Sprints	
200 IM		2:27.30	30-Sep-15	NISX	Euan Gumbrell	Inverness Club Championships 2015	
400 IM		5:16.83	3-Oct-15	NISX	Andrew Gatton	at ND Distance Meet	
14-14		50 Free	26.58	1-Feb-09	NISX	Conor MCGHEE	at HST NEW YEAR MEET FEB. '09
		100 Free	56.87	4-Mar-06	NISX	Rory MORE	at ND National Age Group Championships
	200 Free	2:04.66	10-Dec-05	NISX	Rory MORE	at N D Age Group Meet 2005	
	400 Free	4:22.79	4-Mar-06	NISX	Rory MORE	at ND National Age Group Championships	
	800 Free	9:09.48	4-Mar-06	NISX	Rory MORE	at ND National Age Group Championships	
	1500 Free	17:47.74	6-Mar-10	NISX	Jordan Coia	SASA North District Age	
	50 Back	30.56	16-Jan-10	NISX	Jordan Coia	Scottish National Champs	
	100 Back	1:04.29	7-Mar-10	NISX	Jordan Coia	SASA North District Age	

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14-14	200 Back	2:16.02	9-May-10	NISX	Jordan Coia	Westhill Invitational
	50 Breast	33.10	4-Mar-06	NISX	Rory MORE	at ND National Age Group Championships
	100 Breast	1:11.48	4-Mar-06	NISX	Rory MORE	at ND National Age Group Championships
	200 Breast	2:33.29	6-Mar-10	NISX	Jordan Coia	SASA North District Age
	50 Fly	28.55	7-May-11	NISX	Callum NORTJE	at Westhill Invitational 2011
	100 Fly	1:03.04	7-May-11	NISX	Callum NORTJE	at Westhill Invitational 2011
	200 Fly	2:25.75	26-Jun-16	NISX	Finlay Sutherland	North District Development Meets
	100 IM	1:05.59	13-Jan-06	NISX	Rory MORE	Scottish National SC Meet
	200 IM	2:17.15	24-Jun-06	NISX	Rory MORE	at InCas Distance Meet
	400 IM	4:57.06	4-Mar-06	NISX	Rory MORE	at ND National Age Group Championships
15-15	50 Free	25.03	15-Jan-10	NISX	Conor McGhee	Scottish National Champs
	100 Free	54.93	7-May-11	NISX	Jordan Coia	Westhill EnQuest Invitational Meet
	200 Free	1:59.54	5-Jun-11	NISX	Jordan Coia	SASA North District Open Championships
	400 Free	4:13.10	12-Nov-11	NISX	Robbie MORE	at Aberdeen Dolphin Mitchell Trophy 2011
	800 Free	9:02.81	4-Apr-04	NISX	Liam Macdonald	SASA North District AG 2004
	1500 Free	17:47.74	6-Mar-10	NISX	Jordan Coia	SASA North District Age
	50 Back	29.49	18-Dec-11	NISX	Callum Nortje	Scottish Gas National Short Course Open
	100 Back	1:00.35	8-May-11	NISX	Jordan Coia	Westhill EnQuest Invitational Meet
	200 Back	2:11.57	8-May-11	NISX	Jordan Coia	Westhill EnQuest Invitational Meet
	50 Breast	31.57	8-May-11	NISX	Jordan Coia	Westhill EnQuest Invitational Meet
	100 Breast	1:08.39	5-Jun-11	NISX	Jordan Coia	SASA North District Open Championships
	200 Breast	2:29.59	9-Jan-11	NISX	Jordan Coia	British Gas Scottish National SC Open
	50 Fly	27.55	15-Dec-11	NISX	Callum NORTJE	Scottish Gas National Short Course Open
	100 Fly	1:00.46	16-Dec-11	NISX	Callum NORTJE	Scottish Gas National Short Course Open
	200 Fly	2:14.23	3-Mar-12	NISX	Callum NORTJE	at Age Group Championships 2012
	100 IM	1:02.64	18-Dec-11	NISX	Robbie More	Scottish Gas National Short Course Open
	200 IM	2:15.51	4-Jun-11	NISX	Jordan Coia	SASA North District Open Championships
	400 IM	4:52.23	12-Jan-07	NISX	Rory More	Scottish Nationals 2007
16-16	50 Free	24.20	6-Nov-10	NISX	Conor MCGHEE	at ABERDEEN DOLPHIN MITCHELL TROPHY
	100 Free	52.37	6-Mar-11	NISX	Conor MCGHEE	North District Age Group Meet
	200 Free	1:58.27	16-Nov-12	NISX	Robbie MORE	at ND open Championships & Scottish GP
	400 Free	4:13.59	16-Nov-12	NISX	Robbie MORE	at ND open Championships & Scottish GP
	800 Free	8:52.13	20-May-12	NISX	Robbie More	Highland Swim Team Distance Time Trial
	1500 Free	16:59.03	18-Feb-13	NISX	Callum Nortje	Shropshire County Championships
	50 Back	28.50	6-Oct-12	NISX	Callum Nortje	SASA North District Sprint Championships
	100 Back	1:00.35	8-May-11	NISX	Jordan Coia	Westhill EnQuest Invitational Meet
	200 Back	2:10.15	18-Nov-12	NISX	Callum NORTJE	Stafford Apex Licensed Meet
	50 Breast	31.57	8-May-11	NISX	Jordan Coia	Westhill EnQuest Invitational Meet
	100 Breast	1:08.39	5-Jun-11	NISX	Jordan Coia	SASA North District Open Championships
	200 Breast	2:29.59	9-Jan-11	NISX	Jordan Coia	British Gas Scottish National SC Open
	50 Fly	26.86	6-Oct-12	NISX	Callum Nortje	SASA North District Sprint Championships
	100 Fly	59.81	2-Mar-13	NISX	Robbie MORE	at N D Age Group Championships
	200 Fly	2:11.13	2-Jun-12	NISX	Callum NORTJE	at North District Summer Open Meet 2012
	100 IM	1:02.45	27-Jan-13	NISX	Robbie MORE	at HST New Year Meet
	200 IM	2:12.42	16-Nov-12	NISX	Robbie MORE	at ND open Championships & Scottish GP
	400 IM	4:44.47	17-Nov-12	NISX	Callum NORTJE	Stafford Apex Licensed Meet
17-17	50 Free	24.01	18-Dec-11	NISX	Conor MCGHEE	at North District Scottish Gas National Short Course Open
	100 Free	52.37	29-Jan-12	NISX	Conor MCGHEE	North District Age Group Meet
	200 Free	1:55.78	15-Nov-13	NISX	Robbie MORE	at ND Open Championships & Scottish Grand Prix
	400 Free	4:04.73	16-Nov-13	NISX	Callum Nortje	Stafford Apex Open Meet
	800 Free	8:56.31	3-Mar-06	NISX	Liam Macdonald	North District Open Champ
	1500 Free	16:38.73	17-Feb-14	NISX	Callum Nortje	Shropshire ASA County Championships
	50 Back	28.27	16-Nov-12	NISX	Jordan Coia	at ND open Championships & Scottish GP

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17-17	100 Back	1:00.25	2-Mar-13	NISX	Jordan Coia at N D Age Group Championships
	200 Back	2:12.77	6-May-12	NISX	Jordan Coia Westhill EnQuest Invitation Meet
	50 Breast	31.01	2-Mar-13	NISX	Jordan Coia at N D Age Group Championships
	100 Breast	1:06.58	2-Mar-13	NISX	Jordan Coia at N D Age Group Championships
	200 Breast	2:28.95	16-Feb-13	NISX	Jordan Coia at 2013 Elgin Spring Meet
	50 Fly	26.26	17-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	100 Fly	56.78	15-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	200 Fly	2:05.45	16-Nov-13	NISX	Callum Nortje Stafford Apex Open Meet
	100 IM	1:00.58	5-Oct-13	NISX	Robbie MORE at ND Sprint Championships 2013
	200 IM	2:10.68	13-Dec-13	NISX	Robbie MORE at Scottish National S.C.Open Championships
	400 IM	4:32.79	16-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
18-18	50 Free	24.13	14-Nov-09	NISX	Rory More BUCS Championship (25m)
	100 Free	53.24	16-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	200 Free	1:55.48	15-Nov-14	NISX	Callum Nortje BUCS Short Course 2014
	400 Free	4:03.51	12-Dec-14	NISX	Callum Nortje Scottish National Short Course Champs
	800 Free	8:46.10	3-Mar-07	NISX	Liam Macdonald at ND Age Group Championships
	1500 Free	16:38.73	17-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	50 Back	27.46	18-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	100 Back	59.20	17-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	200 Back	2:06.04	18-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	50 Breast	32.21	15-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	100 Breast	1:06.58	3-Mar-13	NISX	Jordan Coia SASA North District Age Group Championship
	200 Breast	2:28.95	16-Feb-13	NISX	Jordan Coia 2013 Elgin Spring Meet
	50 Fly	26.26	17-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	100 Fly	56.21	12-Dec-14	NISX	Callum Nortje Scottish National Short Course Champs
	200 Fly	2:04.02	13-Dec-14	NISX	Callum Nortje Scottish National Short Course Champs
	100 IM	1:01.32	16-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	200 IM	2:09.20	15-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	400 IM	4:32.79	16-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	50 Free	24.01	18-Dec-11	NISX	Conor MCGHEE Scottish Gas National Short Course Open
	100 Free	52.37	6-Mar-11	NISX	Conor McGhee North District Age Group Meet
	200 Free	1:55.48	16-Nov-13	NISX	Callum Nortje Stafford Apex Open Meet
	400 Free	4:03.51	12-Dec-14	NISX	Callum Nortje Scottish National Short Course Champs
	800 Free	8:46.10	3-Mar-07	NISX	Liam Macdonald at ND Age Group Championships
	1500 Free	16:38.73	17-Feb-04	NISX	Callum Nortje Shropshire ASA County Championships
	50 Back	27.46	18-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	100 Back	58.39	15-Nov-15	NISX	Callum Nortje BUCS Short Course Championships
	200 Back	2:06.04	18-Feb-14	NISX	Callum NORTJE Shropshire ASA County Championships
	50 Breast	31.01	2-Mar-13	NISX	Jordan Coia at N D Age Group Championships
	100 Breast	1:06.58	2-Mar-13	NISX	Jordan Coia at N D Age Group Championships
	200 Breast	2:28.95	16-Feb-13	NISX	Jordan Coia at 2013 Elgin Spring Meet
	50 Fly	25.95	13-Nov-16	NISX	Callum Nortje BUCS Short Course Swimming Championships
	100 Fly	56.21	12-Dec-14	NISX	Callum Nortje Scottish National Short Course Champs
	200 Fly	2:04.02	13-Dec-14	NISX	Callum NORTJE Scottish National Short Course Champs
	100 IM	1:00.58	5-Oct-13	NISX	Robbie MORE at ND Sprint Championships 2013
	200 IM	2:09.20	15-Feb-14	NISX	Callum Nortje Shropshire ASA County Championships
	400 IM	4:32.79	16-Feb-14	NISX	Callum NORTJE Shropshire ASA County Championships